

[WEEKLY MENU]



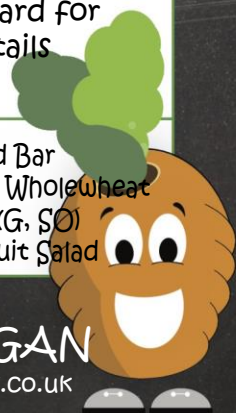
Week 1

Weeks Commencing: Mon 3rd January - Mon 24th January - Mon 21st February - Mon 14th March



Main Dish of the Day

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Roasted Vegetable Pasta (CE, G)	Vegetable Bean Chilli (CE, G)	Chickpea & Vegetable Loaf with Gravy (CE, G, SO)	Caribbean Vegetable Curry (CE)	Vegetarian Burger (G, SE)
Vegetarian Dish of the Day					
Vegetable Choice	Broccoli Florets Carrots	Steamed Turmeric Rice Garden Peas Cauliflower	Baby Roast Potatoes Seasonal Vegetables	Rice & Peas (CE) Green Beans Carrots	Chipped Potatoes Baked Beans
Dessert of the Day	Apple Fruits of the Forest Crumble (G)	Fruity Jelly	Fruit Salad	Cinammon Swirl (G)	Fruits of the Forest Compote
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Salad Bar Home Baked Wholewheat Bread (G, SO) Fresh Fruit Salad	Salad Bar Home Baked Wholewheat Bread (G, SO) Fresh Fruit Salad	Salad Bar Home Baked Wholewheat Bread (G, SO) Fresh Fruit Salad	Salad Bar Home Baked Wholewheat Bread (G, SO) Fresh Fruit Salad	Salad Bar Home Baked Wholewheat Bread (G, SO) Fresh Fruit Salad



Allergens:

CE = Celery, CR = Crustacean, E = Eggs, F = Fish, G = Cereals Containing Gluten, L = Lupin, MK = Milk, MO = Molluscs, MU = Mustard, N = Nuts, P = Peanuts, SO = Soya, SU = Sulphur, SE = Sesame Seeds

VEGAN

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