

# [WEEKLY MENU]



Week 1

Weeks Commencing: Mon 19th April - Mon 10th May - Mon 7th June - Mon 18th June - Mon 19th July



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Vegetable Sausage with Caramelised Onion Gravy (CE, G)	Roasted Vegetable Burger (G)	Sweet Potato & Red Onion Filo Parcel (G)	Roasted Winter Vegetable & Tomato Pasta (CE, G)	Spicy Bean Burger (G)
Vegetarian Dish of the Day					
Vegetable Choice	Milk Free Mash Potatoes Carrots & Peas	Seasoned Wedges Broccoli Cauliflower	Roast Potatoes Medley of Seasonal Vegetables	Green Beans Carrots	Chipped Potatoes Baked Beans Peas
Dessert of the Day	Shortbread Biscuit (G) Fresh Fruit Salad	Fresh Fruit Salad	Apple & Fruit of the Forest Crumble (G) with Oat Milk Vanilla Sauce Fresh Fruit Salad	Vegan Fruity Jelly Fresh Fruit Salad	Fresh Fruit Salad
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Help Yourself Salad Bar Home Baked Breads (G) Fresh Fruit	Help Yourself Salad Bar Home Baked Breads (G) Fresh Fruit	Help Yourself Salad Bar Home Baked Breads (G) Fresh Fruit	Help Yourself Salad Bar Home Baked Breads (G) Fresh Fruit	Help Yourself Salad Bar Home Baked Breads (G) Fresh Fruit



Allergens:

CE = Celery E = Eggs F = Fish G = Gluten MK = Milk MU = Mustard SO = Soya  
SU = Sulphur V = Vegan

OAKS VEGAN MENU